**SOUTHOVER PRE-SCHOOL**

**Covid-19 related child absence.**

**A quick reference guide for parents/staff**

**COVID-19 symptoms**: Fever more than or equal to 38.0⁰C or new cough or shortness of breath, loss of sense of smell, or loss of sense of taste or distortion of sense of taste.

**Self-isolation** means staying indoors and avoiding contact with other people. This includes other people in your household, as much as possible. It applies to people with proven or suspected COVID-19.

**Restricting movement** means avoiding contact with other people and social situations as much as possible. It applies to those who are without symptoms but considered at higher risk of developing COVID-19 because they were exposed to a particular risk.

\*applying to those aged greater than 3 months and up to 13th birthday

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| **What to do if….** | **Action needed - Person** | **Action needed – Same Household** | **Return to Nursery when….** |
| My child has COVID 19 symptoms:  • **HIGH TEMPERATURE**  **• A NEW CONTINUOUS COUGH**  **• A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE** | DO NOT COME TO NURSERY  Contact the nursery to inform us. Self-isolate the WHOLE household while getting the symptomatic person tested. Get a test. **INFORM NURSERY OF THE TEST RESULT** | Close contacts – restrict movements for 10 days | The test comes back negative and if the fever is gone;  Children can return with a cough after a negative test as this can last for some time. |
| My child has COVID-19 symptoms awaiting test | DO NOT COME TO NURSERY  Contact the nursery to inform us. Self-isolate the WHOLE household while getting the symptomatic person tested. Self-isolate pending test result.  **INFORM NURSERY OF THE TEST RESULT** | Members of the household restrict movements pend | The test comes back negative and if the fever is gone.  Children can return with a cough after a negative test as this can last for some time. |
| My child tests positive for COVID 19  My child tests negative | DO NOT COME TO NURSERY  Contact the nursery to inform us.  Quarantine the household for a minimum of 10 days. Last 5 days fever free.  **CONTACT THE NURSERY** Discuss when your child can come back to nursery (same day/next day). | Close contacts restrict movements for 10 days (after last contact with case)  Restrictions no longer needed | 10 days has passed and they feel better, they can return when someone is able to bring them.  Can return with a cough after minimum of 10 days as this symptom can last for several weeks.  Must not return if still showing signs of a fever.  The test comes back negative |
| Someone in my household has COVID 19 symptoms | DO NOT COME TO THE NURSERY  Contact the nursery. Self isolate the whole household until the person with symptoms tests negative. | Members of the household restrict movements pending test results. | When person with symptoms has a negative test |
| Someone in my household tests positive for COVID 19 | DO NOT COME TO NURSERY  Contact the nursery.  Child isolates at home for 10 days. | Close contacts restrict movements for 10 days (after last contact with case) | The child has completed 10 days isolation at home. |
| NHS test & trace has identified that my child has been in close contact with someone with a confirmed case of COVID 19 | DO NOT COME TO NURSERY  Contact nursery.  Child isolates at home for 10 days.  Testing is advised. | No restrictions unless the person who has been identified develops symptoms. | The child has completed 10 days isolation at home. |
| My child has travelled and has to self-isolate as part of a period of quarantine | Child isolates for 10 days from return date.  Test if develops symptoms. | No restrictions unless the person who has been identified develops symptoms. | The quarantine period of 10 days has been completed. |
| We have received medical advice that my child must resume shielding | DO NOT COME TO NURSERY  Contact the nursery.  Shield until you are informed that restrictions are lifted and shielding is paused again. | No restrictions until medical assessment offers further direction. | You are informed that shielding advice has been lifted and your child can return to nursery. |
| Some medical symptoms that may be COVID 19 related and awaiting medical assessment that day to determine if testing is required. | Self isolate pending assessment | No restrictions until medical assessment offers further direction. | Can go to nursery once medical assessment is completed if no further restrictions imposed. |
| My child is ill with symptoms not linked to COVID 19. | **FOLLOW USUAL SOUTHOVER SICKNESS AND ABSENCE POLICY PROCEDURES** | No restrictions | For sickness/diarrhoea MUST be clear for 48 hours before returning to the nursery. |
| Runny nose or other minor symptoms and unwell, no fever equal to or greater than 38C, no cough, no shortness of breath. **NO ill household contacts or history of travel.** | Keep home from nursery for a period of 48 hours to observe emerging condition. | No restrictions | MUST be clear for 48 hours before returning to nursery. |
| Runny nose or other minor symptoms and unwell, no fever equal to or greater than 38C, no cough, no shortness of breath, but **YES to history of travel or household members with symptoms of COVID 19.** | Self isolate pending assessment | Members of the household restrict movements pending assessment | The child has completed 10 days isolation at home or gets a negative test and household members are also negative for COVID 19 |
| Runny nose, feels well, good energy and normal appetite, no fever, not requiring paracetamol, ibuprofen or any other antipyretic. | Can go to nursery | No restrictions | Can go to nursery |